

What's News? May 2022

In This Issue

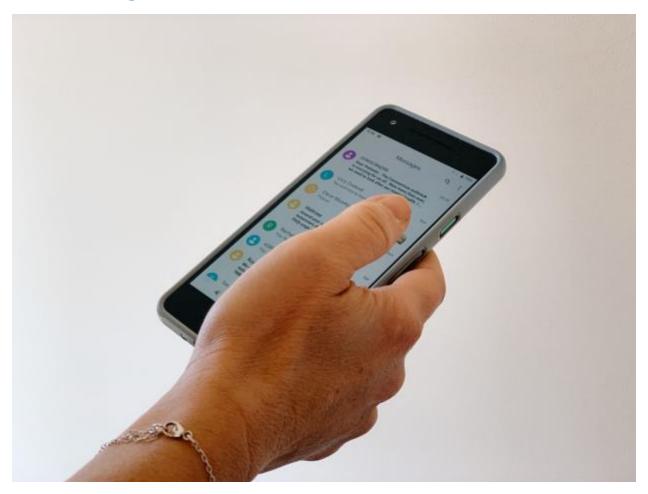


- Admin Message
- Visible Learning
- What's new at WHS?
 - Up Coming Events
 - Contact Us

Joy is an inner wellspring of peace and happiness. Enjoying the richness of life. Finding humor, even in the midst of hard times.

~The Virtues Project~

Admin Message

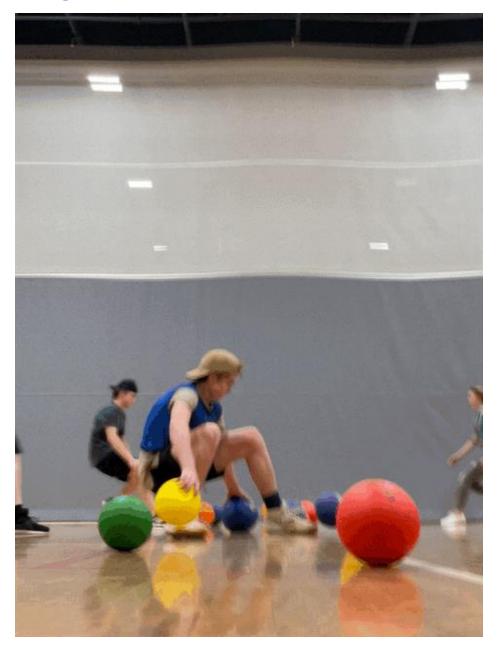


We hope that you were able to spend some of the break focusing on things other than academics, and moreover, something that gives you joy.

Knowing what it takes to reignite your fire is important and choosing to help yourself enjoy those moments, in between our countless other responsibilities, is vital. Doing things simply for the joy of it helps us rekindle our interest in day-to-day life. When we have had time to recharge, then we have the energy to continue giving back to those that need it.

The next months are going to go by quickly, so we should remember to grab onto the moments that count, and make those last. The written portion of the grade 9 English Language Arts PAT will be in two weeks, which marks the start of the end for the school year. By the next newsletter, Grad ceremonies will be upon us. Daylight is stretching its warm fingers later into the evening. Track and field season has begun. Grass is looking greener.

Visible Learning



Physical Education

The aim of the ... physical education program is to enable individuals to develop the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle.

What are the benefits of an active lifestyle? Your teen will take part in various activities that will help them to lead a healthy, active lifestyle. They will grow to appreciate the importance of physical activity, while discovering essential life skills, such as cooperation, leadership, fair play and teamwork

Text taken from:

~ Alberta Education

ABCD's of Physical Education

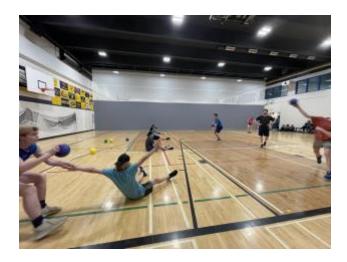








Dodgeball Tournament









Phys Ed 7 - high jump practice















Phys Ed 8 - 5 km run!



Phys Ed 9 - high jump practice with peer Jamie Sparks. Jamie is part of the City Sonics Track Club in Lloyd.

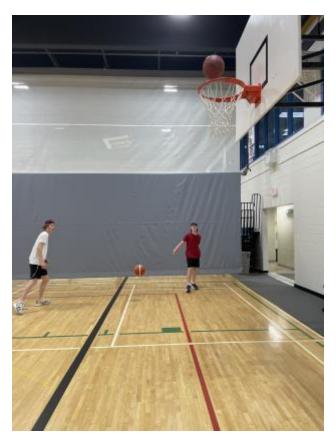






Lunchtime Open Activities







What's New at WHS?



Students were asked to examine the responses from the 2022 Our School survey, and provide some insight to why they might be answering the questions in the way they did.

"The OurSCHOOL student, parent and teacher surveys allow you to measure and understand the factors that are known to have direct and profound impacts on student learning and well-being."

The Learning Bar

During part of our next school professional learning day (May 6th), staff will discuss the responses, helping us plan for and make adjustments to what is happening in the school to support our student needs. These discussions guide our school development plan, which is reported on in the <u>Assurance Dashboard</u>.



- May 3: WOW Gr 8 Girls Wellness Day
- May 4: Hats on for Mental Health
- May 5: WOW Gr 9 Boys Wellness Day
- May 6: School Based PL No School for Students
- May 11: Jostens @ WHS for Grad Ring & Apparel Orders
- May 18: School Council Meeting WHS Library @ 7pm for more information, please contact
 Jason Dahlgren, School Council President at councilwhs@gmail.com
 - May 19, 20 & 23: Days in Lieu No School for Students

VIRTUAL SESSIONS TAKE ON THE FUTURE AND LEARN FROM ALBERTA INDUSTRY EXPERTS

November 30 · Industrial Trades (YOUNG WOMEN IN TRADES AND TECHNOLOGIES)

January 12 · Agriculture/Cooking (YOUNG WOMEN IN TRADES AND TECHNOLOGIES):

January 18 · Agriculture - Plant Systems

February 16 · Forestry

February 24 • ICT/Forestry (YOUNG WOMEN IN TRADES AND TECHNOLOGIES)

March 8 . Scaffolding

March 17 · Automotive/Mechanical (YOUNG WOMEN IN TRADES AND TECHNOLOGIES)

March 23 · Mechanical Trades

April 5 . Service Trades

April 20 . Pipe Trades

May 10 . Information and Communications Technology

May 17 · All Opportunities/Summer Internships

CALENDAR













8TH MENTAL HEALTH

Art Gala

SILENT AUCTION OF THE WINNING ART FROM THE MENTAL HEALTH ART CONTEST

WEDNESDAY MAY 4", 2022 5:30 - 9:30 PM VERMILION REGIONAL CENTRE

FREE COME & GO EVENT

PARTNERSHIP WITH:

- VILLAGE OF KITSCOTY FCSS VILLAGE OF MARWAYNE FCSS COUNTY OF VERMILION RIVER FCSS TOWN OF VERMILION FCSS
- MANNVILLE, MINBURN, INNISPREE FCSS WALKING THROUGH GRIEF SOCIETY
- CASUAL DRESS



Wainwright area has challenged Stettler and Rocky Mountain House to a friendly Walk 'n' Roll Competition from May 1 - August 31

It's simple:

1. Walk or bike to a destination. Leave your car at home.

This is not about going for a walk/bike ride for pure exercise. It's about walking/biking as your transportation to a destination - eg. work

2. Register your Walk 'n' Roll trips at wainwright.ca

The 'to' and 'from' is considered 2 trips total, regardless of the number of destinations along the way. The distance of each trip is not important

Register each time or save up and register a total - registering makes



Contact Us

Wainwright High School -

Inspiring success... everyway, everyday.

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Visit us on the web at https://whs.btps.ca/

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